

Hagaha degdega ah

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Kaga warhaynta guluukoosta dhiiga gudbin aan waayir lahayn



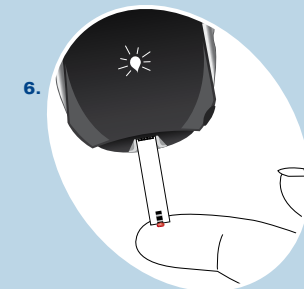
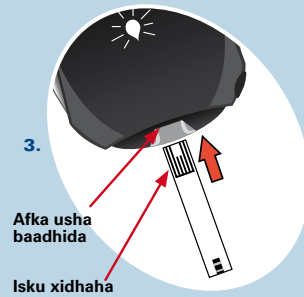
Tani waa sida aad ku qiyaasto guluukoosta dhiigaaga.

Wakhtiga iyo taariikhda waa la sii qorsheeyay, laakiin hubso in kuwan ay sax yihiin wakhtiga u horeeya ee aad isticmaasho qiyaasaha.

1. Ku maydh gacmahaaga saabuun iyo biyo.
2. Ka qaado usha baadhida caagada oo isla markaaba beddel daboolka.
3. Geli dhinaca usha leh ku xidhaha birta ah afka qiyaasaha.
4. Qiyaasahu waxa uu muujin doonaa isagoo biligleh dhibic dhiig ah marka uu diyaar u yahay in uu qiyaaso.
5. Ka hel muunada dhiiga dalooliyaha farta.
6. Saar dhibicda dhiiga ah dhanka dhammaadka gaaban ee usha oo waxay nuugi doontaa dhiiga saxda ah. Waxaad maqli doontaa sanqadha bib oo tirintuna waxay ka bilaabmi doontaa shaashada.
7. Akhri natiijada baadhida. Waxaad maqli sanqadh bib ah. (haddii laga shaqaysiiyo) marka natiijada laga muujiyo shaashada.
8. Cadaadi batanka soo tuurida si aad uga saarto usha baadhida la isticmaalay. Mitirku si otomaatig ah ayuu isku bakhtiin doonaa.

Tani waa sida aad u calaamadin karto akhriskaaga

1. Marka natiijada baadhida la muujiyo, cadaadi ilaa summada calaamadu ay bilowdo in ay biglayso. Addoo isticmlaya badhanada leebka ah () dooro calaamada la rabo ((ka hor cuntadda), (cuntadda ka dib), (jimicsi) ama (guud ahaan).
2. Ku xaqiiji addoo cadaadinaya -batanka. Waxaad dooran kartaa dhowr calaamadood (laakiin mid keliya marka aad doorato ama) addoo ku celinaya tallaabooyinka 1 & 2.



Tani waa sida aad ugu buuxinayso wakhtiga iyo taariikhda.

1. Hubso in qiyaasahu uu dansanyahay. (haddii kale, cadaadi 3 ilbidhiqsi)
2. Cadaadi 4 ilbidhiqsi si aad u tagto halka liiska ku buuxinta.
3. Cadaadi ama si aad u wareejiyo liiska buuxinta oo cadaadi si aad u hesho liisas kala duwan.
4. Icticmaal ama dooro qiimaha. Cadaadi si aad u xaqiijiso oo aad u gaadho tallaabada xigta: sanadka, bisha, maalinta, qaabka wakhtiga, saacada, miridhada.
5. Ka dib markaad xaqiijiso miridhada (addoo cadaadinaya) waxaa dib ugu soo noqon doontaa liiska buuxinta.

Tani waa sida aad u qabto natiijooyinka akhriska xusuusta.

- Qiyaasahaagu waxa uu kaydin doonaa 730 natiijo, oo leh taariikhda, wakhtiga iyo calaamada.
1. Hubso in qiyaasuhu uu dansanyahay. (haddii kale, cadaadi 3 ilbidhiqsi)
 2. Cadaadi 2 ilbidhiqsi si aad u daarto ("mem" ayaa ka muuqan doont shaashada).
 3. Natiijooyinkii baadhida u dambeysay ee wakhtiga, taariikhda iyo calaamadaha waa la muujin doonaa.
 4. Cadaadi ama si loo wareejiyo macluumaadka ku jira xusuusta.
 5. Cadaadi in ka badan 3 ilbidhiqsi si aad u damiso qiyaasaha.

Ka muuji celceliska natiijooyinka 1,7,14,30, 60 ama 90 maalmood.

1. Cadaadi 2 ilbidhiqsi si aad u daarto qiyaasaha. Cadaadi mar labbaad ("AVG" ayaa ka muuqan doonta shaashada). Qiyaasahu waxa uu muujin doonaa celceliska maalinta.
2. Sii wad cadaadinta si uu u muujiyo celcelinta 1, 7, 14, 30, 60 ama 90 maalmood.
3. Cadaadi wax ka badan 3 ilbidhiqsi si aad u damiso qiyaasaha.

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Batanka Daarida/
Bakhtiinta/
Gelinta



Afka usha
baadhida













Batanada
Kor/Hoos

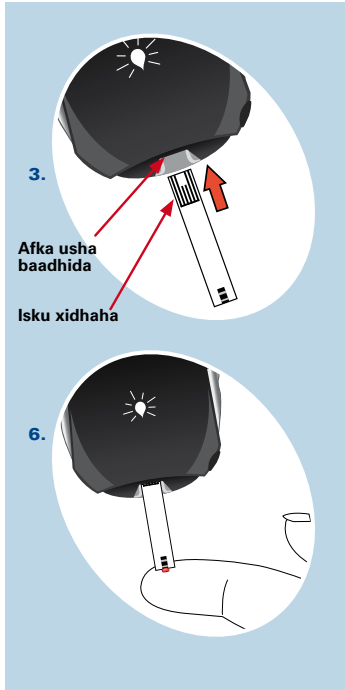
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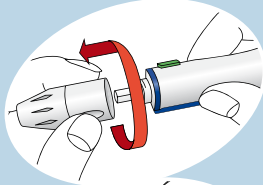
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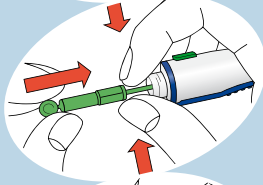


Tani waa sida loo isticmaalo GlucoJectDualPLUS®

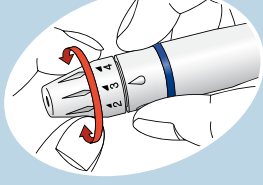
1. Maydh gacmahaaga ama goobta kale ee la baadhayo. Ka soo saar dhamaadka daboolka farta lagu muddo addoo si gurac ah u rogaya.



2. Dhig mid cusub, irbad nadiif ah iyo hayaha irbada oo si adag ugu cadaadi.

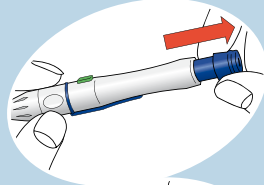


3. Go'aanso qotada meesha addoo weecina caarada 1-2 ta jilicsan ama maqaarka khafiifka ah, 3 maqara caadiga ah, 4-5 ta qarada leh ama maqaarada adkaaday.

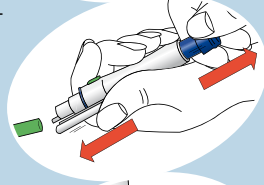


DIGNIINI! WELIGAANA ha u isticmaalin ta fartalagu muddo in ka badan hal qof. U isticmaal irbadda baadhitaan kasta oo ha kaga tegin irbadda hayaha irbadda.

4. Riix dhammada daboolka si aad u qufusho dalooliyaha farta. Ku hay dalooliyaha farta fartaada oo cadaadi batanka sii daynta.

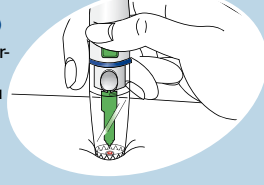


5. Ku cadaadi suulkaaga soo tuuraha irbada hore isku wakhti aad iska saarto daboolka siibanaya si aad u tuurto irbadda la isticmaalay.



Baadhitaanka (meel kale oo la baadhayo)

Saar dalooliyaha maqaarka meesha la doortay ee baadhida. Cadaadi oo ku hay dhowr ilbidhiqsi, ka dib cadaadi batanka sii daynta si aad u qaado muunad dhiig ah.



Khaladka summadaha iyo fariimaha

- ER 1** : Khaladka nidaamka haadhweerka. Ka saar oo beddel baytariyada mar labbaad oo ku celi baadhitaanka warqadda yare ee kale ee baadhida. Haddii khaladka summadahu sii jiro., la xidhiidh adeega macmiilka.
- ER 2** Usha baadhida ayaa waxyeelo gaadhay ama la isticmaalay, ama muunada dhiiga ayaa hore loo adeegsaday ka hor "calaamada dhibicda dhiiga oo ka bigleh shaashada. Ku celi baadhitaanka addoo isticmaalaya ul cusub.
- ER 3** Qadarka dhiiga ah ee usha baadhida may ku filnayn. Ku mud si aad ugu celiso baadhida usha baadhida cusub iyo qadarka saxda ah ee dhiiga.
- ER 4** Usha baadhidu waa la saaray ama way masaxantay muddadii tirinta. Ku celi ul baadhid ah oo cusub.
- ER 5** NFC way go'day muddadii wareejinta. Ku celin Wareejinta NFC. Haddii ay dhibtu sii jirto, la xidhiidh adeega macmiilka.
- HI** Natiijadaada baadhidu waxay ka saraysaa 33,3 mmol/L!
- LO** Baadhitaankaagu waxa uu ka hooseeyaa 1,1 mmol/L!

DIGNIINI! Haddii HI ama LO la muujiyo, la xidhiidh daryeel bixiyaahaaga ka hor beddelka dawada, haddii HI ama LO loo muujiyo si soo noqnoqota ka sakow xaqiiqda in guluukoosta dhiigaagu aany midna sarayn hoosayna, la xidhiidh adeega macmiilka.

Adeega macmiilka: 040-32 12 70 info@menarinidiagnostics.se

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FADLAN OGOW! Kani waa hagitaan kooban. Waxaad ka heli doontaa macluumaad faahfaahsan buugyaraha tilmaamaha ee la soo raaciyo qalabka.